

**Making Life  
Better**



## **COMMUNITY BENEFIT REPORT**

**2016**

Satellite Healthcare's dedication to patient care extends beyond the doors of our centers. As a company and as individuals, Satellite teams donate money, time, and talent to help those with kidney disease live the best, most joyful life possible.

In every corner of the organization, our employees support the CKD and greater community in countless of ways.

On the following pages, we invite you to learn more about specific programs Satellite proudly sponsors in support of our patients and the communities where they live.

Satellite South Laredo staff meet up on a Saturday afternoon to build bikes for local kids in need.

# Patient Financial Assistance

# 2016



No one facing CKD should also worry about how to pay for treatment and basic needs.

Satellite helps patients in need cover the cost of:

- Dialysis care
- Household essentials
- Nutritional supplements
- Urgent medical transportation
- Utility and phone bills

## **Satellite Financial Assistance Program**

Each patient is screened annually to learn if financial assistance is needed to cover all or part of the cost of his/her dialysis care. When needed, Satellite social workers help patients access both Satellite and community support resources to lighten their burden. This program provided more than \$800,000 in assistance to patients in 2016.

## **Satellite Patient Trust Fund**

Funded annually by Satellite, and with the help of tax-deductible donations from individuals and organizations, this fund helps pay for patient expenses other than direct dialysis costs. In 2016, the fund covered more than \$27,000 of expenses for patients in need.

## **American Kidney Fund (AKF)**

Satellite supports the AKF in their efforts to provide health insurance premium and other treatment-related financial assistance to more than 98,000 dialysis patients. In 2016, Satellite donated more than 2 million dollars to help patients in need receive health care.

# CKD Research

Satellite research focuses on care delivery and process improvement that lead to findings that can rapidly be adopted and implemented across the CKD community.

# 2016



Two centers conducted research on a new therapy that involves laughter during hemodialysis. The LOL – HD program brings together elements of laughter, activity, meditations and deep breathing exercises that stimulate better mood and decreases anxiety.

## Coplon Extramural Grant

The Norman S. Coplon Extramural Grant Program has become one of the nation's largest private research endowments for kidney disease treatment. Since 2000, the program has funded over 15 million dollars in research to improve the lives of patients.

## In-House Research

Satellite's \$150 million endowment supports applied pragmatic clinical research. Due to a formalized and inclusive process of topic selection, many research ideas originate with direct patient care teams at Satellite locations. For a partial list of recently completed research efforts, visit [satellitehealth.com/research](http://satellitehealth.com/research).

## Contract Research

An integral part of Satellite Research continues to be participating in phase II and III clinical trials with new promising products in the process of achieving FDA approval. Trials are chosen according to their applicability and likelihood to improve patient morbidity and mortality rates.

## 2016 Coplon Grant Recipients

**Laura Plantinga,  
PhD**  
Emory University

**Matthew Rivara,  
MD**  
University of  
Washington

**Bjoerg  
Thorsteinsdottir,  
MD**  
Mayo Clinic

# CKD Community Involvement

Professionals across Satellite departments and locations volunteer thousands of hours a year to raise awareness, promote prevention, and elevate the standard of care for dialysis patients everywhere.



# 2016

## Fundraising, Donations, and Sponsorship

In 2016, Satellite raised and donated more than \$185,000 to the National Kidney Foundation (NKF).

These funds, along with Satellite volunteers, supported a number of important NKF programs including:

- The Quarterly Journal Club (Nephrologist Education)
- 4 KEEP Healthy CKD Screening Clinics (Prevention)
- Patient Education Symposiums (Patient Education)
- 48th Annual Medical Symposium and CKD Workshops (Professional Education)
- Annual Authors' Luncheon (Fundraising Event)
- 3 Pro-to-Go Scholarships for Annual Spring Clinical Meeting (Professional Development)
- Annual National Kidney Walks (CKD Awareness and Fundraising)
  - o More than 1000 Satellite staff members participated in 11 NKF Walks.
  - o The combined total raised topped \$110,000.



Krystn Kuckelman  
Sr. National Walk  
Director, NKF

"Satellite Healthcare is a cornerstone of the NKF Kidney Walk community.

You see it every year when hundreds of Satellite employees come together from across the county for the NKF Kidney Walks to help spread awareness."

# CKD Community Involvement

# 2016



Satellite Healthcare leads the industry with the percentage of patients on home dialysis modalities.

To support patients and their families with reliable online information on home modalities, Satellite is proud to be a 'partner'-level sponsor of Home Dialysis Central.



## Fundraising, Donations, and Sponsorship (con't)

### American Kidney Fund (AKF)

In 2016, Satellite donated \$60,000 in support of patient-focused education programs including:

- 2 Health Screenings (Prevention)
- Kidney Action Day Awareness Event (Prevention)

### Home Dialysis Central

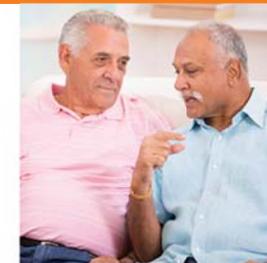
Home Dialysis Central is the Internet's leading information source for home dialysis information and support. In 2016, Satellite donated \$10,000 to help them fulfill their mission to education ESRD patients on dialysis modality options and support those who choose home dialysis.

### Between the Bay Area Association of Kidney Patients (BAAKP)

BAAKP's mission is to education and support San Francisco Bay Area people with CKD. In 2016, Satellite donated costs associated with the video documentation at four, three-hour patient educational presentations, for a total of \$12,000.

### PKD Foundation – Annual Walk for PKD

Satellite staff, patients and families collected pledges and participated in 11 walks, including walks in Chicago, Houston, San Francisco, and Philadelphia, to raise funds for kidney related research.



Satellite Healthcare's partnership with BAAKP means their patient support workshops are documented and made available to patients and CKD organizations across the country.

# COMMUNITY BENEFIT REPORT

# CKD Community Involvement



# 2016

In 2016, more than 40 Satellite Healthcare employees took a leadership role in more than a dozen organizations.

Working with colleagues across the nation, these volunteers are helping define the future of CKD patient care.

## Active Participation in Community and Industry Organizations (partial list)



**Sheila Doss-McQuitty**  
Dir. of Clinical Programs & Research  
Satellite Healthcare

2016 President  
ANNA



# COMMUNITY BENEFIT REPORT

# Public & Patient Health Education

Satellite empowers people with information on CKD prevention, modality options, and dialysis lifestyle support.

# 2016



Nellie, Satellite Healthcare's mascot, joined in the opening parade at community health fair. Our patient care teams volunteer hundreds of hours each year to share CKD prevention information with the public at health fairs and clinics.

## Local Community Health Fairs

Satellite provided funds and in-kind donations to support CKD education at more than 8 local community events in 2016. Employees donate time, expertise, and passion to staff booths, pass out flyers, and participate in health screenings.

## Treatment Options Classes

In small group settings using carefully developed communication materials, Satellite staff helps CKD dialysis patients and their families understand treatment options. With the advice and consent of their nephrologist, this training helps patients choose a treatment modality to best fit the life they want to live.

## Online CKD Information and Support

### KidneysDoThat.org

Satellite hosts a pre-CKD public health education website that offers simple explanations on how kidneys work and tips on how to keep them healthy.

### SatelliteHealth.com/for-patients-families

Satellite's company website was built and is maintained with the express intent to provide new patients and their families with easy information and helpful links to credible sources.

### Facebook.com/SatelliteHealthcare

Rather than a channel to promote Satellite services, Satellite's Facebook page was created to provide a reliable source of CKD community news, prevention and well-being tips, and as a place to celebrate community heroes and achievements.

# Academic Support & Training



2016

"Working at Satellite for my summer internship allowed me to gain real world knowledge, skills, and insights into the healthcare industry.

I'm very grateful for the opportunity Satellite has given me to immerse myself into new projects, which will have a genuine impact on the national CKD community."

**Angela Lao**  
Satellite Summer Intern  
Public Health/Pre-Med Student  
John Hopkins University

## Collaboration with Stanford University

Satellite funds a nephrology professorship at Stanford University School of Medicine. Glenn M. Chertow MD currently holds this position.

Plus, Stanford University Nephrology physicians-in-training spend some of their research fellowship time at Satellite Healthcare focused on dialysis-related research and quality improvement projects for patient care delivery at Satellite.

## Internships

Each year, a hand selected group of undergraduate university students are accepted in Satellite's summer intern program. Students receive experience and expert mentoring at Satellite locations across the country.

## Satellite Healthcare Children's Scholarship Fund

In 2016, 23 scholarships were awarded from this fund created to help the children of Satellite employees achieve their higher education goals.



**Glenn M. Chertow, M.D., MPH**

Norman S. Coplon/Satellite Healthcare Professor in Medicine and Chief, Division of Nephrology, Stanford University School of Medicine

# Overview



7000+  
Patients

2000+  
Employees

80+  
Locations



Satellite core values are expressed in the term 'ICARE'.

Norman Coplon M.D., our founder, believed it was possible to provide personalized dialysis care in a friendlier, more comfortable environment closer to where patients live.

His passion for patient care led him to form Satellite Healthcare in 1974 as a not-for-profit community benefit 501c3.

Learn more about us at [www.satellitehealth.com](http://www.satellitehealth.com).

Our compassionate patient care experts provide personalized and high quality care so patients can live the best life possible.



For more than 40 years, our mission has remained...

## Making life better for those living with kidney disease